

HEALTH BRIEFS

Blood Bank launches new donation process in Dover

DOVER — Blood Bank of Delmarva has launched a new plasmapheresis program at its Dover Donor Center (221 Saulsbury Road), which will yield a significant increase in its critical plasma supply.

Plasmapheresis is an automated collection system which collects just plasma, the liquid portion of whole blood, and returns the red blood cells and platelets to the donor. Plasma is used to help treat a variety of diseases and conditions, such as hemophilia, severe burns, shock, and exposure

to rabies.

Nanticoke Hospital to hold stroke seminar

SEAFORD — Ron Gardner, author, motivational speaker, and stroke survivor will be speaking about adjusting to life after a stroke on Tuesday at 3 p.m. at Nanticoke Memorial Hospital.

Participants will learn more about the effects of stroke, how life changes, and how to provide support for someone who has had a stroke. For further information, call 629-6611 or visit www.nanticoke.org.

Fatigue

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treatment.

“Both play soccer, which is unusual,” she said.

Mrs. Jackson said her husband is healthy, “thank goodness,” but the disease has had an effect on him as well.

“My illness has had quite an impact on him. I can’t work so he’s the sole provider financially, and has to do more around the house because some days I can’t do anything,” she said.

Mrs. Jackson said the hardest adjustment she and her family has had to make is getting used to the unpredictability of the disease.

“You never know from one day to the next if you’re going to have a good day, or not be able to get out of bed. It’s hard to make plans,” she said, adding that her sons tend to miss a large chunk of school each year, though not as many as they did prior to starting their treatment.

But after eight years of living with the disease, and several years dealing with her sons’ disease, Mrs. Jackson said the family has learned to cope.

“The kids are well adjusted and we’ve gotten used to it. It’s part of our life now,” she said.

For more information on the disease, visit www.cfids.org.

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